

---

# Do You Have PTSD and Sleep Disturbance?

## VOLUNTEERS NEEDED

Investigators at the VA Puget Sound Health Care System are doing a study to see if a commonly used medication helps treat nightmares and other sleep disturbance in people with PTSD (post-traumatic stress disorder).

We are seeking men and women over the age of 18 who have PTSD and who have at least two nightmares per week or who have other sleep problems.

Volunteers must **not** be pregnant or nursing and must be stable on all medications.

The study involves up to 15 visits to the clinic at the VA hospital in Seattle over the course of 9 months.

Volunteers will receive up to \$375 for completion of the study. Some participants will receive placebo, an inactive substance.

---

If you would like more information, call:  
James O'Connell, study coordinator:  
(206) 277-3740 or 1-800-329-8387, ext. 63740

---